



# rasys beiciau aberteifi cardigan street racing

**INVITATION TO ENTER the "CSR 2011 All Comers Race",  
part of Cardigan Street Racing 2011**

**Cardigan Street Racing is coming back to town on Sunday  
14th August.**

Featuring two youth races and four adult races (including the **2011 Welsh National Criterium Championship**) on a circuit of closed roads around the town centre, the afternoon promises to be a spectacular demonstration of cycling skill and power.

One of the adult races, "**The All-Comers Race**" is classified as a Welsh Cycling "Go Race". That means it's open to anyone over the age of 16 and you don't need an official race license to take part. If you fancy your chances as the next Lance Armstrong or Alberto Contador, get training now. **ABSOLUTELY ANYONE OVER 16**, whether local, or visiting on holiday is welcome to enter. (Under 16s can take part in one of the Youth Races.)

If you enter as a shopkeeper, trader, or business owner, (or as part of a team), you can compete not just for the PRIZE MONEY, but also for the Title "**FASTEST TRADER IN THE WEST**" (Separate trophies for MEN and WOMEN.) There's no limit on how many people may enter from each business. You may nominate any person to take part as your CHAMPION for the day, if you don't want to ride yourself.

The competition is sanctioned by British Cycling under their GoRace Programme, and third party insurance is included in the entry fee.

**How far is it?** The race lasts for 15 minutes plus one lap of a one kilometre circuit.

**What time does it start?:** The race starts at 2:20 pm, but you must turn up to register and get your race number by 1:30 pm. Registration is at Cardigan Swimming Pool, Napier Street.

**How much does it cost?** £10 per entry. (£12 if you enter on the day)

**How do I enter?** Fill in the attached entry form, and send it or hand it in, with the fee, to Velo Teifi Cycling Club c/o New Image Bicycles. The form is downloadable from [www.velo-teifi.org.uk](http://www.velo-teifi.org.uk). Entries will be accepted on the line, but you are strongly encouraged to pre-enter.

**Can I use any bike?** Yes, you can use any bike you like.

**Do I have to wear special clothes?** No, as long as you preserve your modesty, you can wear what you like.

**Do I have to wear a helmet?** Yes, helmets are compulsory for all competitors.

**Are there prizes?** Of course:

**Male: 1st £20, 2nd £15, 3rd £10**

**Female: 1st £20, 2nd £15, 3rd £10**

Additionally The Mayor's Perpetual Cup will be awarded to the "**FASTEST TRADER IN THE WEST**" - (one each for Men and Women)

**What are you waiting for?**

Further information from: New Image Bicycles Cardigan **01239 621275**, or Andrew Smith **07887 800867**

## ENTRY FORM 2011

Name

Address

Post code

Tel

**Entering on behalf of (Business/Trader's name)**

(NB Entries from individuals are acceptable, but you will not be eligible for the Traders' Trophy if this is left blank)

I confirm that I am over 16

Male

Female

I would like to take part in the Cardigan Street Racing "All-Comers Race" on Sunday 14th August. I enclose £10 entry fee.(£12 on the day) (Cheques payable to Velo Teifi Cycling Club)

Signed

Return entry form and payment to **Velo Teifi Cycling Club**, "CSR Go RACE 2011", c/o **New Image Bicycles, 29-30 Pendre, Cardigan SA43 1LA**. Tel 01239 621275



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**Gwahoddiad i gymryd rhan mewn "CSR 2011 Ras Ar Agor i bawb", rhan o Rasio Stryd Aberteifi 2011.**

**Mae Rasio Stryd Aberteifi yn dychwelyd i'r dre ar Dydd Sul Awst 14eg.**

Yn cynnwys dwy ras iau a phedair ras hun (yn cynnwys y Pencampwriaeth Criteriwm Cymraeg Cenedlaethol 2011) ar gylchdaith o rhewlydd caedig o gwmpas canol y dref, mae'r prynhawn yn addo fod yn arddangosiad anhygoel o bwer a sgil seiclo.

Mae un o'r rasus hun yn cael ei ddsbarthu fel "Go Race". Mae hyn yn golygu fod y ras yn agored i bob un dros 16 a nid oes angen cael trwydded rasio swyddogol i gymryd rhan ynddo. Os hoffech chi fod y Lance Armstrong neu Alberto Contador nesaf, dechrewch ymarfer nawr. Mae croeso UNRHYWUN DROS 16 lleol neu ar gwyliau, cymryd rhan. (Mae ras ieuenctid ar gael i blant o dan 16)

Os yr ydych yn cystadlu fel perchennog siop, masnachwr, neu perchennog unrhiw busnes (neu fel rhan o dîm), fyddwch chi yn cystadlu nid dim ond ar gyfer y GWOBR ARIAN, ond hefyd ar gyfer y teitl "FASNACHWR CYFLYMACH Y GORLLEWIN" [Cwpan ar wahan i ddynion a menywod]. Nid oes cyfyngiad ar y nifer o bobl yn cystadlu ar gyfer pob busnes. Os nid ydych chi yn hyderus eich hun, gallwch nomineiddio unrhywun i cystadlu fel eich PENCAMPWR/WRAIG ar y ddiwrnod

Mae'r cystadleuaeth wedi ei sanctiynnu gan Seiclo Prydeinig o dan y "Rhaglen Go Race", ac mae'r tal cystadlu yn cynnwys yswiriant trydydd parti.

**Pa mor bell?** Mae'r ras yn para am 15 munud + un lap o'r gylchdaith 1 km

**Pryd mae'n cychwyn?** Mae'r ras yn cychwyn am 2.20 yp ond mae rhaid troi lan i cofrestru ac i derbyn eich rhif rasio erbyn 1.00yp. Cofrestru yn Pwll Nofio Aberteifi, Stryd Napier.

**Faint mae e'n costi?** £10 y cystadleuwr ( Mynediad £12 ar y diwrnod)

**Sut ydw i'n cystadlu?** Llenwch y ffurflen cystadlu (tano) a ddanfonwch gyda'r arian i Clwb Seiclo Velo Teifi. Gallwch hefyd lawrlwytho'r ffurflen wrth [www.velo-teifi.org.uk](http://www.velo-teifi.org.uk). Bydd ymgeiswyr yn cael eu derbyn ar y llinell ond rydych yn cael ei argymhell yn gryf i rhoi eich ymgais i mewn cyn y ras.

**Ydw i'n gallu defnyddio unrhyw fath o feic?** Mae hawl defnyddio unrhyw fath o feic

**Oes rhaid wisgo dillad arbennig?** Nac oes. Fodd bynnag eich fod yn amddifyn eich gwylder, gallwch wisgo beth bynnag rydych chi eisiau.

**Oes rhaid wisgo helmed?** Oes, mae helmedau yn orfodol i bob cystadleuaeth.

**Oes yna wobrau?** Wrth gwrs!

**Gwryw:** 1af £20, 2ail £10, 3ydd £5

**Benyw:** 1af £20, 2ail £10, 3ydd £5

Yn amchwenegol, bydd y "CWSPAN PARHAOL y MAER" yn cael ei wobrwyo i "FASNACHWR CYFLYMACH Y GORLLEWIN" [ un i gwryw, un i menywod]

**Beth chi'n aros am?**

Gwybodaeth pellach wrth: Tom Wells **01239 621 275** neu Andrew Smith **07887 800867**

## FFURFLEN YMGEISIO 2011

Enw

Cyfeiriad

Cod Bost

Rhif ffon

**Cystadlu ar rhan (enw Busnes/masnachwr)**

(NB Nid yw hyn yn angenhidiol, mae hawl i unigolion cystadlu hefyd)

Rydw i dros 16 mlwydd oed

Gwryw

Benyw

Hoffaf cymryd rhan mewn y cystadleuaeth Rasio Stryd Aberteifi "Ras ar gyfer Pawb ar Ddydd Sul Awst 14eg. Rydw i'n talu £10 fel tal cystadlu (mae sieciau yn taliadwy i Clwb Seiclo Velo Teifi)

Arwyddwyd

Dychweld y ffurflen a'r tal i: Ras ar gyfer **PAWB 2011, Clwb Seiclo Velo Teifi c/o Beiciau New Image, 29-30 Pendre, Aberteifi, SA43 1LA**, Rhif Ffon **01239 621 275**



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